## **Tryout Dates:**

- Monday, February 24<sup>th</sup> →
  - o 1:00-2:00pm in the Auxiliary Gym
- Tuesday, February 25<sup>th</sup> →
  - o 4:00-5:30pm in the Auxiliary Gym
- Wednesday, February 26th →
  - o 4:00-5:30pm in the Auxiliary Gym

# **MANDATORY Study Hall:**

## STUDENTS ARE REQUIRED TO ATTEND STUDY HALL IN ROOM 436 EACH DAY BEFORE TRYOUTS.

- Study Hall Times:
  - Monday, February 24<sup>th</sup> →
    - 12:00-12:50pm (until coaches release players)
  - Tuesday, February 25<sup>th</sup> →
    - 3:00-3:50pm (until coaches release players)
  - Wednesday, February 26<sup>th</sup> →
    - 3:00-3:50pm (until coaches release players)
- Athletes are required to dress for tryouts in the team locker room directly after school (BEFORE STUDY HALL).
- Athletes may leave ball bags in team locker room during Study Hall.
- If you are late to Study Hall, you will not be permitted to try out.
- Any visits to the athletic trainer, car, locker room, etc. MUST be done BEFORE STUDY HALL.
- Players are not permitted to leave study hall for any reason.

### **Tryout Requirements:**

- Completed VHSL Physical Form (dated after May 1<sup>st</sup> 2019)
- Completed Concussion History form (found online)
- Completed Concussion Policy and Athletic Policy Acknowledgement Form (found online)
- Up to date Impact Test (all Freshmen, Juniors, and any students new to KRHS)

<sup>\*</sup>Athletes will receive further details on the first day of tryouts regarding the postings of teams/cuts.

 Proper attire for both indoor AND outdoor tryouts EACH DAY - if you do not have the required attire, you will be asked to sit out (see attire below).

#### Attire:

- Tennis shoes (suitable for indoors AND outdoors)
- Cleats (for outdoors only; not permitted to wear indoors)
- Proper outdoor attire (extra layers/jacket/hoodie/etc. each day for cold weather conditions)
- Glove
- Proper attire for sliding (whatever YOU need in order to slide comfortably high socks, pants, sliding pad, etc.)
- Any additional equipment you use (bat, batting gloves, catcher's gear, etc.). Extra bats, helmets & catcher's gear will be provided as well.

### **Tryout Location:**

Athletes should be prepared to tryout indoors. However, in the event that weather permits for outdoor activities, that information will be stated on the WRITTEN AFTERNOON announcements each day. Students are responsible for receiving this information from their 4th block teacher.

### Student Pick Up:

Athletes should be picked up by their parent/guardian(s) at 2:10pm on Monday (February 24th), and at 5:35pm on Tuesday and Wednesday (February 25th and 26th). Parent/guardian(s) should pick up athletes on the bus loop each day. Athletes should wait for their rides at the athletics hallway entrance (either inside the door or outside on the bus loop) - athletes should not be wandering the halls unattended.

Come ready to work hard - positive attitudes, good leadership, and strong work ethic is necessary.

- Coach Tori Hill | vhill@fcps1.org
- Coach Kim Olinger | Kimberly.Olinger@fcps1.org